


	Conjunctivitis: Homeopathic Approach		
	DR. RONAK SHAH'S DIVINE HOMEOPATHY Restoring Vitality SINCE 1991 M.D.(HOM.)	Homeopathic medicine is not a sleeping pill. It helps to bring sleep naturally.	

CONJUNCTIVITIS: A HOMEOPATHIC APPROACH

The redness of the eyes, which is mainly accompanied by a yellowing discharge, is known as conjunctivitis. Conjunctivitis is essentially an inflammation of the membrane covering the white part of the eyelid.

Causes of Conjunctivitis:

The main cause behind conjunctivitis is the infection viral, bacterial and allergic reactions.

Symptoms of conjunctivitis:

The main symptoms arising from conjunctivitis include

- Redness, swelling, itching and watering out of the eyes.
- In viral conjunctivitis, the discharge of the eye is thin and watery, while in bacterial conjunctivitis the discharge is thick, mucopurulent which changes from yellow to green in color. Viral and bacterial conjunctivitis are highly contagious.
- Other symptoms of conjunctivitis include accumulated and greasy eyelids caused by eye discharge, a hoarse sensation in the eyes, increased sensitivity to light, and blurred vision.
- Allergic conjunctivitis can include sneezing and discharge coming out of the nose along with eye signs.

Home remedies for conjunctivitis

- Avoid rubbing your eyes.
- Avoid exposure to allergens if suffering from allergic conjunctivitis.
- If the victim uses contact lenses, it is advisable to avoid wearing them while having conjunctivitis. Do not do makeup on the face.
- Take two bags of green tea and place the bags in the refrigerator for 20 minutes. Then, close your eyes and place the bag above your eyes for 30 minutes. Tea bags should always be cooled before coming in contact with the eyes.

Benefits of homeopathic medicines in curing conjunctivitis:

- Homeopathic medicines can well control eye discharge, swelling, redness and the sensation of hoarseness in the eyes.
- These medicines help to cure conjunctivitis quickly. If taken well in time, they shorten the course of the disease.
- No external application is required to treat conjunctivitis with the help of treatment of homeopathy.

Homeopathic medicines for conjunctivitis include belladonna, Euphrasia, and Pulsatilla.